

Mt. SAC Relays HS/Open Multi - 5/28/2016 to 5/29/2016**Hilmer Lodge Stadium****Results - Decathlon****Men Decathlon**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
NP Zandes, Nick Bakersfield, CA 12 HS IMPLEMENTS	6595	11.81 (689)	6.36m (666)	12.78m (654)	1.82m (644)	53.63 (655) 3308	15.49 (791)	36.72m (598)	4.27m (693)	47.25m (548)	4:43.73 (657)
1 Ply, Jonathan Dayton, NV 11 Team Points: 8	5680	12.39 (576)	5.77m (537)	9.05m (429)	1.97m (776)	55.10 (595) 2913	16.26 (704)	22.87m (326)	3.80m (562)	43.78m (497)	4:40.33 (678)
2 Burns, Brittan Prior Lake, MN 10 Team Points: 6	5567	12.03 (645)	5.81m (546)	10.43m (512)	1.87m (687)	53.00 (682) 3072	15.93 (741)	31.34m (491)	3.20m (406)	30.24m (303)	5:01.06 (554)
3 Read, Julian Burbank, CA 10 Team Points: 5	5426	11.46 (761)	5.27m (435)	11.07m (550)	1.82m (644)	54.71 (611) 3001	16.92 (633)	25.53m (377)	3.80m (562)	38.20m (416)	5:22.50 (437)
4 Rogers, Noah Santa Ana, CA OP Team Points: 4	5398	11.47 (759)	6.17m (624)	7.87m (359)	1.67m (520)	50.60 (787) 3049	15.37 (805)	23.32m (335)	3.03m (364)	38.75m (424)	5:25.64 (421)
5 Richardson, Daniel Bakersfield, CA 12 Team Points: 3	5110	12.27 (599)	5.64m (510)	11.45m (573)	1.57m (441)	56.48 (541) 2664	17.48 (575)	37.17m (607)	2.73m (293)	41.24m (460)	5:08.63 (511)
6 Delorie, Geoffrey Westminster, CA 11 Team Points: 2	5073	11.86 (679)	5.93m (571)	8.34m (386)	1.67m (520)	53.93 (642) 2798	19.34 (403)	28.77m (440)	3.35m (444)	33.37m (347)	4:46.33 (641)
7 Ply, Benjamin Dayton, NV OP Team Points: 1	4958	12.50 (556)	5.54m (490)	8.21m (379)	1.97m (776)	56.28 (548) 2749	18.06 (518)	17.58m (227)	3.65m (522)	38.22m (416)	5:05.89 (526)
8 Burns, Jake Mission Viejo, CA 9	4684	11.56 (740)	5.60m (502)	9.52m (457)	1.62m (480)	55.29 (587) 2766	17.25 (598)	28.57m (436)	2.73m (293)	33.65m (351)	6:06.09 (240)
9 Dickerson, Dylan Wildomar, CA 11	4676	12.27 (599)	5.41m (463)	9.24m (440)	1.62m (480)	55.67 (572) 2554	20.46 (314)	25.19m (371)	4.11m (648)	34.44m (362)	5:24.44 (427)
10 Howard, Blake Arcadia, CA 10	4616	12.39 (576)	5.73m (529)	13.14m (676)	1.52m (404)	59.56 (428) 2613	19.39 (399)	30.67m (478)	3.35m (444)	39.44m (434)	6:04.10 (248)
11 McGuire, Max Claremont, CA 11	4548	12.39 (576)	5.09m (400)	6.62m (285)	1.62m (480)	54.26 (629) 2370	22.10 (202)	23.15m (332)	3.65m (522)	36.61m (393)	4:32.34 (729)
12 Davis, Justin Elsinore, CA 12	4478	11.73 (705)	5.84m (552)	8.60m (402)	1.62m (480)	57.38 (507) 2646	17.07 (617)	23.63m (341)	2.44m (229)	30.97m (313)	5:44.26 (332)
13 Akpom, Mbanefo Glendora, CA 12	4448	11.49 (755)	5.22m (425)	8.87m (418)	1.62m (480)	53.33 (668) 2746	19.93 (355)	18.34m (241)	2.44m (229)	33.59m (350)	5:05.81 (527)

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14	Nyear, Ibtihaj	12.12	6.05m	7.26m	1.82m	56.06	17.43	17.35m	2.44m	26.65m	5:28.64		
	Westminster, CA	w: +0.0	w: +0.0	23-10	5-11.5		w: 0.2	56-11	8-00	87-05			
12		4439	(628)	(597)	(323)	(644)	(557)	2749	(580)	(223)	(229)	(252)	(406)

15	Paulus, Joseph	12.13	5.54m	11.78m	1.72m	58.85	18.52	30.70m	2.44m	30.03m	6:47.32		
	Tustin, CA	w: +0.0	w: +0.0	38-07.75	5-07.75		w: +0.0	100-09	8-00	98-06			
12		4308	(626)	(490)	(593)	(560)	(453)	2722	(475)	(478)	(229)	(300)	(104)

16	Himes, Klaus	12.34	5.17m	9.81m	1.52m	58.98	17.78	25.66m	2.44m	32.64m	5:19.38		
	Huntington Beach	w: 0.5	w: 0.6	32-02.25	4-11.75		w: -0.2	84-02	8-00	107-01			
10		4272	(586)	(415)	(474)	(404)	(449)	2328	(545)	(380)	(229)	(337)	(453)

17	Hermosillo, Andres	11.59	5.86m	7.90m	1.57m	54.07	19.76	23.81m	NH	33.35m	5:30.79		
	Wildomar, CA	w: 0.4	w: 0.1	25-11	5-01.75		w: +0.0	78-01		109-05			
12		4182	(734)	(556)	(360)	(441)	(637)	2728	(368)	(344)	(0)	(347)	(395)

18	Siapno, Edwards	11.67	5.88m	8.48m	1.57m	58.47	19.89	23.78m	2.44m	26.94m	5:31.48		
	San Dimas, CA	w: 0.4	w: +0.0	27-10	5-01.75		w: +0.0	78-00	8-00	88-05			
12		4160	(717)	(561)	(395)	(441)	(467)	2581	(358)	(344)	(229)	(256)	(392)

19	Poole, Noah	12.55	4.87m	7.93m	1.47m	57.64	19.87	22.07m	3.65m	28.30m	5:21.65		
	Riverside, CA	w: -0.1	w: 0.5	26-00.25	4-09.75		w: 0.1	72-05	11-11.75	92-10			
12		4040	(547)	(358)	(362)	(367)	(497)	2131	(360)	(311)	(522)	(275)	(441)

20	Cha, Warren	12.49	5.91m	7.07m	1.67m	1:02.20	20.57	19.56m	2.73m	23.07m	5:30.69		
	Fountain Valley, CA	w: -0.1	w: 0.4	23-02.5	5-05.75		w: +0.0	64-02	8-11.5	75-08			
9		3759	(558)	(567)	(311)	(520)	(341)	2297	(306)	(264)	(293)	(203)	(396)

21	Huynh, Derek	12.23	5.68m	5.40m	1.77m	1:04.19	18.35	14.51m	2.44m	22.86m	5:24.62		
	Irvine, CA	w: 0.4	w: 1.9	17-08.75	5-09.75		w: +0.0	47-07	8-00	75-00			
11		3740	(606)	(519)	(214)	(602)	(282)	2223	(491)	(171)	(229)	(200)	(426)

22	Casanova, Macarios	12.31	4.54m	6.92m	NH	53.94	20.44	24.28m	3.03m	26.91m	4:57.45		
	Simi Valley, CA	w: -0.1	w: 1.4	22-08.5			w: -0.2	79-08	9-11.25	88-03			
10		3695	(591)	(297)	(303)	(0)	(642)	1833	(315)	(353)	(364)	(256)	(574)

23	Lam, Christopher	12.41	5.48m	6.60m	1.52m	1:00.42	23.22	17.35m	3.65m	29.62m	5:36.66		
	Westminster, CA	w: -0.1	w: +0.0	21-08	4-11.75		w: 0.2	56-11	11-11.75	97-02			
12		3683	(573)	(477)	(284)	(404)	(399)	2137	(140)	(223)	(522)	(294)	(367)

24	Amirvaand, Amir	12.20	3.98m	6.21m	1.37m	55.65	22.49	16.05m	NH	18.56m	5:21.02		
	Santa Ana, CA	w: -0.1	w: 1.0	20-04.5	4-06		w: 0.1	52-08		60-11			
12		2911	(612)	(203)	(261)	(297)	(573)	1946	(179)	(199)	(0)	(142)	(445)

25	Crespo-Cervantes, Leo	13.94	4.41m	6.80m	1.32m	1:02.08	23.78	17.16m	2.44m	20.92m	5:01.49		
	Claremont	w: 0.5	w: 1.0	22-03.75	4-04		w: +0.0	56-03	8-00	68-08			
9		2785	(321)	(274)	(296)	(263)	(345)	1499	(113)	(219)	(229)	(174)	(551)

26	Campbell, Canaan	14.86	3.47m	5.98m	1.27m	1:14.02	28.40	18.36m	1.83m	27.90m	6:33.35		
	Fresno, CA	w: 0.5	w: 1.0	19-07.5	4-02		w: +0.0	60-03	6-00	91-06			
		1635	(201)	(126)	(248)	(231)	(65)	871	(0)	(241)	(109)	(270)	(144)

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DNF Josue, Louis	11.39	6.81m	12.31m	2.02m	52.66	DNS	DNS	DNS	DNS	
Los Angeles, CA	w: 0.4	w: +0.0	40-04.75	6-07.5						
OP	(776)	(769)	(625)	(822)	(696)	(0)	(0)	(0)	(0)	(0)

DNF Wuesthoff, Luke	DNS					DNS				
Nebury Park, CA										
12	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Deuschle, Jon	12.58	5.12m	DNS	SCR	DNS					
New Zealand	w: 0.4	w: +0.0								
OP	(541)	(405)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Cain, Jacob	DNS									
Fullerton, CA										
10	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Griffen, Demarcus	DNS	DNS		SCR	DNS					
Fresno, CA										
9	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)

Mt. SAC Relays HS/Open Multi - 5/28/2016 to 5/29/2016**Hilmer Lodge Stadium****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 May, Kellie Irvine, CA 11 Team Points: 10	4049	15.67 w: 1.1 (755)	1.50m 4-11 (621)	9.88m 32-05 (522)	27.58 w: 0.5 (664)	2562	5.19m w: 0.5 (612)	24.19m 79-04 (367)	2:45.86 (508)
2 Wynn, Shaylynn San Dimas, CA 10 Team Points: 8	3893	16.12 w: 1.1 (700)	1.30m 4-03.25 (409)	7.74m 25-04.75 (383)	26.51 w: 0.5 (753)	2245	4.76m w: +0.0 (495)	28.57m 93-09 (450)	2:29.23 (703)
3 Kong, Brooke Irvine, CA 10 Team Points: 6	3546	18.12 w: +0.0 (476)	1.50m 4-11 (621)	7.30m 23-11.5 (354)	27.14 w: 0.5 (700)	2151	5.20m w: +0.0 (614)	18.55m 60-10 (262)	2:44.83 (519)
4 Pendelton, Heather Truckee, CA 11 Team Points: 5	3470	18.26 w: +0.0 (462)	1.50m 4-11 (621)	7.47m 24-06.25 (365)	28.60 w: 2.1 (584)	2032	4.33m w: +0.0 (386)	22.56m 74-00 (337)	2:28.26 (715)
5 Torchia, Amanda Fountain Valley, CA 12 Team Points: 4	3380	16.14 w: 1.1 (697)	1.45m 4-09 (566)	9.03m 29-07.5 (466)	30.21 w: 0.5 (468)	2197	4.78m w: +0.0 (500)	25.71m 84-04 (396)	3:08.94 (287)
6 Heckel, Sarah Unattached 10 Team Points: 3	3323	18.00 w: 0.5 (488)	1.30m 4-03.25 (409)	7.21m 23-08 (348)	26.70 w: 2.1 (737)	1982	4.09m w: +0.0 (329)	16.10m 52-10 (217)	2:22.08 (795)
7 Berruto, Chiara Los Angeles, CA 11 Team Points: 2	3281	17.09 w: +0.0 (586)	1.55m 5-01 (678)	6.45m 21-02 (300)	28.27 w: 2.1 (610)	2174	4.33m w: +0.0 (386)	9.91m 32-06 (104)	2:36.21 (617)
8 Obanion, Lauren Unattached 10 Team Points: 1	3156	20.59 w: 0.5 (255)	1.40m 4-07 (512)	6.35m 20-10 (294)	25.97 w: 0.5 (800)	1861	4.42m w: +0.0 (408)	12.82m 42-01 (157)	2:27.11 (730)
9 Cantrell, Alyssa Pomona, CA 10	3123	16.95 w: 0.3 (602)	1.30m 4-03.25 (409)	5.67m 18-07.25 (250)	27.98 w: 0.5 (632)	1893	4.23m w: 0.3 (362)	18.78m 61-07 (266)	2:37.49 (602)
10 Diaz, Sierra Santa Ana, CA 12	3082	19.17 w: +0.0 (375)	1.45m 4-09 (566)	5.61m 18-05 (247)	27.38 w: 2.1 (681)	1869	4.55m w: 0.1 (441)	14.59m 47-10 (189)	2:39.15 (583)
11 Holt, Abigail Claremont, CA 10	2942	19.75 w: 0.5 (323)	1.55m 5-01 (678)	6.93m 22-09 (331)	28.59 w: 2.1 (585)	1917	4.39m w: +0.0 (401)	13.06m 42-10 (161)	2:50.09 (463)
12 Chidester, Elizabet Unattached 10	2928	18.46 w: 0.5 (442)	1.40m 4-07 (512)	7.21m 23-08 (348)	27.94 w: 2.1 (636)	1938	3.86m w: +0.0 (276)	18.50m 60-08 (261)	2:51.02 (453)
13 Macias, Francesca Mission Viejo, CA 10	2825	21.82 w: 0.3 (169)	1.20m 3-11.25 (312)	6.38m 20-11.25 (295)	28.49 w: 2.1 (593)	1369	4.44m w: +0.0 (413)	27.85m 91-04 (436)	2:37.07 (607)
14 Irwin, Lyling Claremont 11	2467	17.99 w: 1.1 (489)	1.45m 4-09 (566)	6.94m 22-09.25 (331)	32.04 w: 0.5 (349)	1735	4.08m w: 1.1 (326)	14.26m 46-09 (183)	3:17.01 (223)

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15	Langrell, Janna	20.09	1.15m	6.58m	29.23	3.40m	13.85m	2:42.87
	Pomona, CA	w: 0.3	3-09.25	21-07.25	w: 0.5	w: +0.0	45-05	
	OP	2302	(295)	(266)	(308)	(537)	1406	(180) (176) (540)

16	Cursaro, Larissa	21.50	1.35m	5.89m	30.14	4.04m	FOUL	2:48.56
	Claremont, CA	w: 0.3	4-05	19-04	w: 2.1	w: 0.9		
	9	2182	(190)	(460)	(264)	(472)	1386	(317) (0) (479)
