



51st Annual
MT. SAC RELAYS
"Where the world's best athletes compete"

COMMUNITY COLLEGE DIVISION

SATURDAY, APRIL 11, 2009 • HILMER LODGE STADIUM • WALNUT, CALIFORNIA

COMPETITION PROGRAM

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 101 Men Hammer Throw Invitational Community**Saturday 4/11/2009 - 9:00 AM**

World: 284-07 1986 Yuriy Syedikh
Meet: 212-01 1993 David Loshonkohl
American: 270-09 1996 Lance Deal
National: 212-11 1983 Lenart Bodell

Pos	Name	Team	Seed Mark
-----	------	------	-----------

Flight 1 of 2 Finals

1	699 Bower, Andrew	Modesto	145-11	_____
2	383 Holmes, Ricky	Riverside	146-04	_____
3	125 Sosa, Noe	Cerritos	146-09.25	_____
4	93 Huitt, Vincent	Cerritos	147-07	_____
5	208 Millard, Christian	Fresno	147-11.75	_____
6	105 Cutler, Jeremy	Cerritos	148-07	_____
7	179 Romero, Donald	Moorpark	152-07.25	_____
8	164 Sugishita, Kenneth	Moorpark	153-08.25	_____
9	207 Duffy, Callan	Fresno	155-01.75	_____

Flight 2 of 2 Finals

1	148 McAteer, Cameron	Moorpark	155-06.50	_____
2	614 Johnson, Ricky	Sacramento	155-11	_____
3	176 Harding, William	Moorpark	156-08.50	_____
4	149 Gehrke, Karl	Moorpark	162-04.75	_____
5	769 Gluck, John	Mt. Sac	163-10	_____
6	674 Guzman, Luis	Santa Ana	167-09	_____
7	184 Aliotta, Dennis	Moorpark	168-05	_____
8	718 Price, Russell	Modesto	173-11	_____
9	676 Gleason, Ryan	Santa Ana	174-03	_____

Event 102 Women Javelin Throw Invitational Community**Saturday 4/11/2009 - 9:00 AM**

World: 235-03 2001 Osleidys Menendez
Meet: 138-01 2002 Andrea Morrow
American: 210-07 2006 Kim Kreiner
National: 169-05 1999 Trina Rogers

Pos	Name	Team	Seed Mark
-----	------	------	-----------

Flight 1 of 2 Finals

1	504 Gerardo, Brandi	East LA	90-05	_____
2	721 Lionudakis, Simone	Modesto	94-00	_____
3	57 Deslo, Kendra	Glendale CC	95-04	_____
4	539 Bryant, Timarie	Golden West	96-09.25	_____
5	429 Kohley, Allegra	Pasadena	98-08	_____
6	278 Merino, Carlota	San Jose	103-02	_____
7	644 Rauschl, Katie	Saddleback	103-05	_____
8	131 Stovall, Aundrea	Cerritos	106-03.75	_____

Flight 2 of 2 Finals

1	219 Becerra, Pilar	Fresno	106-04.25	_____
2	100 Savea, Maria	Cerritos	111-05	_____
3	91 Barfield, Jessica	Cerritos	113-06	_____
4	341 Gutierrez, Samantha	Riverside	115-11	_____
5	101 Barker, D'Auria	Cerritos	119-03.75	_____
6	192 Ban, Jodie	Fresno	121-10.75	_____
7	85 Guravska, Karen	Cerritos	125-02	_____
8	87 Butler, Rachel	Cerritos	127-07	_____
9	403 Nordby, Karee	Riverside	132-05	_____

Event 103 Women 3000 Meter Steeplechase Invitational**Saturday 4/11/2009 - 10:30 AM**

World: 9:01.59 2003 Galina Samitova
Meet: 11:13.5h 2006 Dallon Williams

All-Comers: 9:39.35
American: 9:28.75 2007 Lisa Galaviz

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	776 Salmon, Darlene	Mt. Sac	12:26.78	_____
2	458 Leming, Emilley	Bakersfield	12:27.19	_____
3	374 Monroe, Ebony	Riverside	12:56.42	_____
4	404 Gomez, Katherine	Riverside	13:07.00	_____
5	502 Martinez, Jessica	East LA	13:29.84	_____
6	45 Ontiveros, Paloma	Glendale CC	13:31.67	_____
7	170 Cook, Tess	Moorpark	13:48.35	_____
8	619 Barkley, Jessica	Sacramento	13:53.00	_____
9	531 Burns, Melinda	Golden West	15:41.36	_____
10	742 Cain, Virginia	Mt. Sac	NT	_____
11	650 Breen, Kelley	Saddleback	NT	_____
12	331 Krystek, Heather	Santiago Canyon	NT	_____
13	189 Sinner, Breanna	Moorpark	NT	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 104 Men 3000 Meter Steeplechase Invitational**Saturday 4/11/2009 - 10:45 AM**

World: 7:53.63 2004 Saif Shaheen
Meet: 8:56.30 1988 Danny Lopez
American: 8:08.82 2006 Daniel Lincoln
National: 8:29.40 1990 Julius Karuiki

Lane	Name	Team	Seed Time	
Section 1 of 1 Finals				
1	470 Cardova, Chris	San Bernardino	10:04.50	_____
2	94 Pina, Armando	Cerritos	10:06.11	_____
3	356 Cooper, Daniel	Riverside	10:08.49	_____
4	752 Whitesitt, Sean	Mt. Sac	10:09.09	_____
5	111 Craft, Dashan	Cerritos	10:15.44	_____
6	701 Rea, John	Modesto	10:17.90	_____
7	370 Fishelberg, Joshua	Riverside	10:19.87	_____
8	728 Leos, Manny	Mt. Sac	10:21.91	_____
9	217 Falagan, Tim	Fresno	10:24.20	_____
10	783 Ebel, Thomas	Mt. Sac	10:25.98	_____
11	636 Nagel, Richard	Sacramento	10:31.81	_____
12	365 Underwood, Colton	Riverside	10:36.50	_____
13	599 Waggoner, David	Sacramento	11:08.06	_____
14	741 Chan, Alex	Mt. Sac	11:14.06	_____
15	512 Samayoa, Mauro	East LA	11:15.51	_____
16	521 Sanchez, Jose	Golden West	11:42.36	_____
17	748 Castro, Ivan	Mt. Sac	11:50.56	_____
18	542 Alcalá, Sabino	Golden West	12:17.38	_____
19	25 Venegas, Joaquin	Southwestern	NT	_____
20	16 Lopez, Daniel	Southwestern	NT	_____
21	655 McRoberts, Colin	Saddleback	NT	_____
22	735 Lara, Armondo	Mt. Sac	NT	_____

Event 105 Women Pole Vault Invitational Community College**Saturday 4/11/2009 - 11:00 AM**

World: 16-05.25 2004 Yelena Isinbayeva
Meet: 12-04 2002 Erin Anderson
American: 16-00 2007 Jenn Stuczynski
National: 14-04 2001 Becky Holliday

Pos	Name	Team	Seed Mark	
Flight 1 of 1 Finals				
1	598 Wagoner, Alex	Sacramento	8-06.00	_____
2	660 Espinoza, Katie	Saddleback	8-06.00	_____
3	118 Sims, Elizabeth	Cerritos	9-00.00	_____
4	373 Hasenberg, Sianna	Riverside	9-00.25	_____
5	210 Castenada, Kaitlyn	Fresno	9-06.25	_____
6	201 Okolie, Goziam	Fresno	10-00.00	_____
7	251 Uhl, Brittany	Canyons	10-01.00	_____
8	523 Ward, Alexa	Golden West	10-06.00	_____
9	750 DeGraff, Michelle	Mt. Sac	10-06.00	_____
10	131 Stovall, Aundrea	Cerritos	10-08.00	_____
11	649 Tears, Rachel	Saddleback	11-00.00	_____
12	361 Hanrahan, Brenda	Riverside	11-03.00	_____
13	85 Guravska, Karen	Cerritos	12-00.00	_____

Event 106 Women 4x100 Meter Relay Invitational Community**Saturday 4/11/2009 - 11:00 AM**

World: 41.37 1985
Meet: 46.58 1991
American: 41.47 1997
National: 43.83 1991

Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
1	Bakersfield		50.03	_____
1)	447 Reaves, Chanel	2) 461 Colbert, Ashley		
3)	450 Gone, Carolina	4) 463 Webber, Ashley		
2	Mt. Sac		49.29	_____
1)	734 Lopez, Danielle	2) 759 Dickerson, Danika		
3)	764 Grigsby, Angelina	4) 731 Yanez, Secoral		
3	Modesto		49.08	_____
1)	696 Dorsey, Crystal	2) 697 Nelson, Shamari		
3)	716 Gulley, Sharlia	4) 715 Maxey, Elena		
4	Cerritos		48.51	_____
1)	128 Stewart, Brittany	2) 138 Crabtree, Michella		
3)	91 Barfield, Jessica	4) 71 Allen, Blair		
5	Sacramento		46.85	_____
1)	616 Moreno, Mia	2) 640 Collins, Davina		
3)	622 Tansil, Samantha	4) 595 Jenkins, Alisa		
6	Riverside		48.30	_____
1)	399 Pate, Diamond	2) 368 Bascom, Zina		
3)	385 Corley, Latoya	4) 387 Manuel, Brittany		
7	Glendale CC		48.87	_____
1)	35 Saunders, JaVonnice	2) 49 Porter, Tyra		
3)	39 Staten, Domineek	4) 37 Amukamara, Precious		
8	Moorpark		49.08	_____
1)	185 Schentrup, Calyx	2) 188 Showers, Brittni		
3)	186 Dana, Katie	4) 183 Livingston, Joseline		
9	El Camino		49.85	_____
1)	290 Bostic, Kiaira	2) 302 Williams, Shavette		
3)	281 Pereyra, Elizabeth	4) 325 Rutledge, Riane		
Section 2 of 2 Finals				
4	East LA		53.85	_____
1)	499 Ellis, Yashika	2) 507 Ellis, Zantika		
3)	504 Gerardo, Brandi	4) 492 Harvey, Briana		
5	Monterey		50.18	_____
1)	66 Rangel, Leslie	2) 61 Adams, Lakesha		
3)	65 Sanchez, Dakota	4) 60 Adams, Felesha		
6	Southwestern		50.73	_____
1)	10 Ayala, Bonnie	2) 3 Coleman, Britni		
3)	1 Hall, Disha	4) 18 Turner, Brialonna		

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 107 Men 4x100 Meter Relay Invitational Community

Saturday 4/11/2009 - 11:10 AM

World: 37.40 1992
Meet: 39.49 1987
World: 37.40 1993
American: 37.40 1992
American: 37.40 1992
National: 38.86 1987

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Southwestern		42.38 _____
	1) 26 Mitchell, Curtis	2) 21 Howard, Joshua	
	3) 6 Thompson, Alex	4) 12 Taylor, Elliot	
2	Mt. Sac		42.17 _____
	1) 779 Scudder, Mark	2) 739 Scudder, William	
	3) 732 Prather, Stephen	4) 786 Harris, John	
3	Pasadena		41.92 _____
	1) 435 Smith, Deandre	2) 437 Thomas, Cameron	
	3) 445 Peevy, Stephen	4) 436 Winfield, Joshua	
4	Cerritos		41.70 _____
	1) 84 Montgomery, Qwynn	2) 78 Dickson, Brandon	
	3) 99 Joseph, Kristen	4) 89 English, William	
5	Riverside		40.92 _____
	1) 420 Dannels, Don	2) 396 Curry, Tommy	
	3) 407 Bryant, Giorgio	4) 398 Auberry, Daniel	
6	Sacramento		41.48 _____
	1) 626 Nunnally, Rashaad	2) 601 Henry, Will	
	3) 627 Dawson, Brandon	4) 596 Lewis, Armahd	
7	Fresno		41.86 _____
	1) 191 Hattin, Ronald	2) 211 Cooper, Marcus	
	3) 209 Lewis, Maurice	4) 214 Cook, Pierce	
8	El Camino		42.13 _____
	1) 287 Avery, Kevin	2) 309 Taylor, Laron	
	3) 303 Yowell, Jacob	4) 307 Spriggs, Edward	
9	Chaffey		42.23 _____
	1) 560 Mance, Roger	2) 582 Bryan, Mikio	
	3) 561 Charles, Jarrod	4) 564 Franklin, Jamere	

Section 2 of 2 Finals

3	Santiago Canyon		44.31 _____
	1) 334 Morales, Sam	2) 332 Privitelli, Anthony	
	3) 333 Smith, Joshua	4) 326 Nixon, Mylan	
4	Bakersfield		43.17 _____
	1) 448 Norwood, Kevin	2) 460 Courtney, Tyronne	
	3) 455 Carrillo, Josh	4) 464 Daniels, Allen	
5	Moorpark		42.45 _____
	1) 140 Alfino, Sean	2) 182 Gilliland, Grayson	
	3) 157 Lashley, Kevin	4) 159 Benardo, John	
6	Saddleback		42.82 _____
	1) 668 James, Eric	2) 653 Provencio, Nick	
	3) 665 Crawford, Richard	4) 652 Cathey, Jaquan	
7	Glendale CC	B	44.05 _____
	1) 58 Akinwande, Akinwumi	2) 55 Forrest, Travaris	
	3) 43 Johnson, Jeremy	4) 42 Lefebvre, Jeremy	
8	Golden West		44.42 _____
	1) 526 Gordon, Nick	2) 529 Greenroyd, Josh	
	3) 545 Guthrie, Jesse	4) 528 Smith, Josh	

Event 108 Women 1500 Meter Run Invitational Community

Saturday 4/11/2009 - 11:25 AM

World: 3:50.46 1993
Meet: 4:33.0h 1985
American: 3:57.12 1983
National: 4:17.82 1986

Yunxia Qu
Trina Leopold
Mary Slaney
Sylvia Mosqueda

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	744 Cortez, Christine	Mt. Sac	4:31.68 _____
2	371 Celis, Arianna	Riverside	4:49.26 _____
3	112 Bartosch, Alison	Cerritos	4:51.64 _____
4	236 Gonzales, Sierra	Sequoias	4:52.96 _____
5	372 Perez, Brenda	Riverside	4:54.08 _____
6	391 Davis, Larissa	Riverside	4:54.88 _____
7	724 Browning, Sable	Modesto	4:55.26 _____
8	234 Gonzales, Allison	Sequoias	4:56.52 _____
9	206 McEntire, Jenifer	Fresno	4:56.58 _____
10	358 Richeri, Natalia	Riverside	4:56.79 _____
11	88 Elizalde, Marlene	Cerritos	4:57.71 _____
12	689 Celaya, Mallory	LA City	4:58.00 _____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Section 2 of 2 Finals...(Event 108 Women 1500 Meter Run

1	168 Stoltze, Madelyn	Moorpark	4:59.74	_____
2	687 Alaniz, Veronica	LA City	5:00.00	_____
3	263 Esquivel, Vanessa	Citrus	5:04.60	_____
4	789 Rincon, Emilia	Mt. Sac	5:04.88	_____
5	129 Vilchis, Tawny	Cerritos	5:07.43	_____
7	745 Villanueva, Jacquelin	Mt. Sac	5:08.52	_____
8	425 Garcia, Lidia	Pasadena	5:09.90	_____
9	162 Rico, Vivian	Moorpark	5:20.68	_____
10	722 Moreno, Amanda	Modesto	5:20.75	_____
11	780 Hernandez, Pamela	Mt. Sac	5:24.09	_____
12	714 Villalobos, Sophia	Modesto	5:24.70	_____
13	233 Hernandez, Araceli	Sequoias	5:27.02	_____
14	719 Benoy, Natalie	Modesto	5:28.04	_____
15	694 Miranda, Elizabeth	Modesto	5:28.97	_____

Event 109 Men 1500 Meter Run Invitational Community**Saturday 4/11/2009 - 11:32 AM**

World: 3:26.00 1998 Hicham El Guerrouj
Meet: 3:49.62 1989 Kim White
American: 3:29.30 2005 Bernard Lagat
National: 3:39.33 1999 Eliud Njubi

Lane	Name	Team	Seed Time	
------	------	------	-----------	--

Section 1 of 2 Finals

1	480 Perez, Carlos	San Bernardino	3:58.02	_____
2	478 El-Amin, Ronell	San Bernardino	3:58.91	_____
3	231 Ochoa, Andrew	Sequoias	3:59.03	_____
4	240 Sanchez, David	Sequoias	4:00.39	_____
5	473 Ulmer, Kameron	San Bernardino	4:01.37	_____
6	456 Mireles, Cesar	Bakersfield	4:03.38	_____
7	481 Sartori, Matthew	San Bernardino	4:04.30	_____
8	401 Camacho, Alberto	Riverside	4:04.36	_____
9	238 McAlpine, Dustin	Sequoias	4:06.25	_____
10	438 Rodriguez, Ernesto	Pasadena	4:06.63	_____
11	666 Stangl, Bobby	Saddleback	4:07.65	_____
12	752 Whitesitt, Sean	Mt. Sac	4:07.67	_____

Section 2 of 2 Finals

1	735 Lara, Armondo	Mt. Sac	4:07.98	_____
2	316 Brown, Aaron	El Camino	4:08.40	_____
3	466 Bueno, Manuel	San Bernardino	4:08.50	_____
4	390 Pelarde, Jeffrey	Riverside	4:08.59	_____
5	96 Reed, Qualaun	Cerritos	4:08.63	_____
6	272 Long, Esco	San Jose	4:10.50	_____
7	457 Quintero, Robert	Bakersfield	4:10.54	_____
8	468 Lara, Jose	San Bernardino	4:11.60	_____
9	384 Lopez, Jose	Riverside	4:12.86	_____
10	449 Atssbeha, Eayoall	Bakersfield	4:13.82	_____
11	250 Del Valle, Ryland	Canyons	4:14.10	_____
12	388 Gonzalez, Fernando	Riverside	4:14.93	_____
13	62 Cruse, Cameron	Monterey	4:16.38	_____
14	683 Dimas, Jose	West Valley	4:16.64	_____

Event 110 Men 110 Meter Hurdles Invitational Community**Saturday 4/11/2009 - 11:55 AM**

World: 12.88 2006 Xiang Liu
Meet: 13.95 1988 Carter Jefferson
American: 12.90 2006 Dominique Arnold
National: 13.49 1991 Eugene Swift

Lane	Name	Team	Seed Time	
------	------	------	-----------	--

Section 1 of 3 Finals

1	173 DeMirjian, Garrett	Moorpark	15.38	_____
2	366 Crutchfield, Tony	Riverside	15.27	_____
3	590 Broussard, Michael	Sacramento	15.22	_____
4	363 Jeter, Samuel	Riverside	14.91	_____
5	786 Harris, John	Mt. Sac	14.88	_____
6	791 Estrada, Emilio	Mt. Sac	14.89	_____
7	350 Stepney, Cameron	Riverside	14.99	_____
8	70 Armstrong, Nicholas	Cerritos	15.26	_____
9	593 Kern-Wilson,	Sacramento	15.32	_____

Section 2 of 3 Finals

1	661 Peebles, Dru	Saddleback	16.09	_____
2	777 Darole, Thomas	Mt. Sac	15.98	_____
3	479 Williams, Marcus	San Bernardino	15.73	_____
4	634 Gant, Michael	Sacramento	15.44	_____
5	628 Lewis, Jeff	Sacramento	15.39	_____
6	303 Yowell, Jacob	El Camino	15.44	_____
7	393 Weakley, Andrew	Riverside	15.55	_____
8	784 Hale, Kyle	Mt. Sac	15.80	_____
9	591 Reyes, Matt	Sacramento	16.00	_____

Section 3 of 3 Finals

2	190 Smith, James	Fresno	16.56	_____
3	567 Hendrix, Rico	Chaffey	16.51	_____
4	503 Robles, Ramon	East LA	16.44	_____
5	29 Marquez, Angel	Southwestern	16.17	_____
6	545 Guthrie, Jesse	Golden West	16.21	_____
7	522 Engel, Trevor	Golden West	16.45	_____
8	708 Beeman, Michael	Modesto	16.52	_____
9	397 Robinson, Sean	Riverside	16.62	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 111 Men Javelin Throw Invitational Community**Saturday 4/11/2009 - 11:00 AM**

World: 323-01 1996 Jan Zelezny
Meet: 250-09 1977 Luc Laperriere
American: 299-06 2007 Breaux Greer
National: 248-05 1988 Tom Pukstys

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	718 Price, Russell	Modesto	148-05	_____
2	56 Tomas, Chris	Glendale CC	149-05	_____
3	524 Vandersluis, Chad	Golden West	153-01.75	_____
4	475 Espinosa, Alfredo	San Bernardino	155-06	_____
5	661 Peebles, Dru	Saddleback	156-02	_____
6	330 Pio, Zachary	Santiago Canyon	160-03	_____
7	522 Engel, Trevor	Golden West	162-07.50	_____
8	253 Valadez, Raymond	Canyons	163-11.25	_____
9	280 Ramoz, Adam	San Jose	165-05.75	_____

Flight 2 of 2 Finals

1	762 Horist, Mark	Mt. Sac	166-07.50	_____
2	70 Armstrong, Nicholas	Cerritos	169-09.75	_____
3	411 Fonua, Sione	Riverside	169-11	_____
4	46 Razon, Jeremy	Glendale CC	171-03	_____
5	642 Carothers, Derek	Sacramento	172-02.50	_____
6	167 Elder, Zach	Moorpark	178-04.75	_____
7	107 Thomas, David	Cerritos	179-10	_____
8	454 Thompson, Cooper	Bakersfield	188-03.50	_____
9	659 Lian, Ray	Saddleback	193-00.50	_____

Event 112 Men Shot Put Invitational Community College**Saturday 4/11/2009 - 1:00 PM**

World: 75-10.25 1990 Randy Barnes
Meet: 60-03 1995 Chima Ugwu
American: 75-10.25 1990 Randy Barnes
National: 70-00.50 1974 Ron Semkiw

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	699 Bower, Andrew	Modesto	44-05.50	_____
2	93 Huitt, Vincent	Cerritos	44-06.75	_____
3	249 McGruder, Donovan	Canyons	45-01.00	_____
4	149 Gehrke, Karl	Moorpark	45-02.50	_____
5	208 Millard, Christian	Fresno	45-04.00	_____
6	676 Gleason, Ryan	Santa Ana	45-10.50	_____
7	583 Allen, Joshua	Chaffey	46-02.00	_____
8	397 Robinson, Sean	Riverside	46-02.50	_____
9	614 Johnson, Ricky	Sacramento	46-03.25	_____

Flight 2 of 2 Finals

1	252 Rivera, Glenn	Canyons	46-10.00	_____
2	322 Iaia, Vincenzo	El Camino	46-11.50	_____
3	164 Sugishita, Kenneth	Moorpark	47-06.50	_____
4	179 Romero, Donald	Moorpark	47-10.00	_____
5	537 Yates, Chris	Golden West	48-03.25	_____
6	105 Cutler, Jeramy	Cerritos	49-03.50	_____
7	718 Price, Russell	Modesto	51-09.00	_____
8	184 Aliotta, Dennis	Moorpark	53-08.25	_____
9	291 Weintraub, Jacob	El Camino	55-05.00	_____

Event 113 Men Long Jump Invitational Community College**Saturday 4/11/2009 - 12:00 PM**

World: 29-04.50 1991 Mike Powell
Meet: 25-11.50 1985 Anthony Bailous
American: 29-04.50 1991 Mike Powell
National: 26-11 1985 Vernon George

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	22 Wright, Marvin	Southwestern	22-03.00	_____
2	115 Clausell, Calvin	Cerritos	22-03.75	_____
3	157 Lashley, Kevin	Moorpark	22-04.00	_____
4	78 Dickson, Brandon	Cerritos	22-08.00	_____
5	608 Waiters, John	Sacramento	22-08.00	_____
6	626 Nunnally, Rashaad	Sacramento	22-09.00	_____
7	706 Green, Terrance	Modesto	22-09.00	_____
8	630 Carlyle, Fletcher	Sacramento	22-09.50	_____
9	197 Anderson, TJ	Fresno	22-11.25	_____

Flight 2 of 2 Finals

1	215 Mayo, Greg	Fresno	23-00.50	_____
2	375 Rodgers, Kevin	Riverside	23-00.75	_____
3	415 Benard, Chris	Riverside	23-02.00	_____
4	214 Cook, Pierce	Fresno	23-02.00	_____
5	553 McGee, Kenneth	Fullerton	23-03.50	_____
6	394 West, Wayne	Riverside	23-05.25	_____
7	407 Bryant, Giorgio	Riverside	23-06.00	_____
8	351 Smith, Charles	Riverside	24-01.50	_____
9	99 Joseph, Kristen	Cerritos	24-06.25	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 114 Women Hammer Throw Invitational Community**Saturday 4/11/2009 - 11:00 AM**

World: 255-03 2006 Tatyana Lysenko
Meet: 179-07 2002 Barbara Sugar
American: 242-04 2005 Erin Gilreath
National: 194-11 2002 Barbara Sugar

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	145 Heard, Lauren	Moorpark	126-04.75	_____
2	100 Savea, Maria	Cerritos	127-07	_____
3	341 Gutierrez, Samantha	Riverside	127-11.75	_____
4	395 Peggese, Jasmine	Riverside	129-04.25	_____
5	635 Wilson, Danielle	Sacramento	130-02.75	_____
6	726 McClure, Kristin	Modesto	130-09	_____
7	612 Luna, Kat	Sacramento	132-09	_____
8	536 Kim, Christina	Golden West	133-07.50	_____
9	50 Felton, Latifah	Glendale CC	136-04	_____

Flight 2 of 2 Finals

1	610 Fanaika, Ellie	Sacramento	140-01	_____
2	133 Stovall, Aunjanae	Cerritos	140-10.50	_____
3	288 Leni, Na'i	El Camino	143-11	_____
4	87 Butler, Rachel	Cerritos	144-01	_____
5	171 Swenson, Jane	Moorpark	145-02.50	_____
6	106 Ashley, Whitney	Cerritos	146-06	_____
7	199 Steward, Jasmine	Fresno	147-03.25	_____
8	110 Aliimatafitafi,	Cerritos	156-11.75	_____
9	123 Lugo, Arianna	Cerritos	165-10	_____

Event 115 Women Long Jump Invitational Community**Saturday 4/11/2009 - 12:00 PM**

World: 24-08.25 1988 Galina Chistyakova
Meet: 19-09.50 1995 Vanitta Kinard
American: 24-07 1994 Jackie Joyner-Kersey
National: 21-10.75 1995 Lacena Golding

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	342 Washington, Allison	Riverside	16-01.00	_____
2	760 Palmer, Christina	Mt. Sac	16-03.75	_____
3	302 Williams, Shavette	El Camino	16-04.00	_____
4	195 Simons, Chantele	Fresno	16-05.00	_____
5	595 Jenkins, Alisa	Sacramento	16-07.00	_____
6	1 Hall, Disha	Southwestern	16-08.00	_____

Flight 2 of 2 Finals

1	344 Wills, Tiana	Riverside	16-10.50	_____
2	201 Okolie, Goziam	Fresno	16-10.50	_____
3	362 Ibewiro, Vivian	Riverside	17-01.00	_____
4	447 Reaves, Chanel	Bakersfield	17-01.50	_____
5	376 Cano, Lindsay	Riverside	17-04.00	_____
6	185 Schentrup, Calyx	Moorpark	17-04.75	_____
7	138 Crabtree, Michella	Cerritos	17-08.25	_____
8	640 Collins, Davina	Sacramento	17-08.75	_____
9	91 Barfield, Jessica	Cerritos	19-00.50	_____

Event 116 Men High Jump Invitational Community College**Saturday 4/11/2009 - 12:00 PM**

World: 8-00.50 1993 Javier Sotomayor
Meet: 7-02.50 1998 D'Noir Flax
American: 7-10.50 1991 Charles Austin
National: 7-08 1985 Dennis Lewis

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 1 Finals

1	788 Valdivia, James	Mt. Sac	6-04.00	_____
2	392 Hudson, Christian	Riverside	6-04.00	_____
3	709 Lefler, Jordan	Modesto	6-04.00	_____
4	198 Brenner, Jeff	Fresno	6-04.75	_____
5	544 Savoie, Danny	Golden West	6-04.75	_____
6	397 Robinson, Sean	Riverside	6-04.75	_____
7	54 Murray, Matt	Glendale CC	6-05.00	_____
8	576 Sommerville, Jerry	Chaffey	6-06.00	_____
9	771 Ianello, Eric	Mt. Sac	6-06.00	_____
10	625 Wagenknecht, Austin	Sacramento	6-06.00	_____
11	255 Pope, Christopher	Citrus	6-06.25	_____
12	579 Soares, Anthony	Chaffey	6-07.00	_____
13	566 Curry, Michael	Chaffey	6-08.00	_____
14	609 Souza, Michael	Sacramento	6-08.00	_____
15	160 Harden, David	Moorpark	6-08.00	_____
16	394 West, Wayne	Riverside	6-08.00	_____
17	730 McClendon, Anthony	Mt. Sac	6-08.75	_____
18	630 Carlyle, Fletcher	Sacramento	7-01.00	_____

Event 117 Women 100 Meter Hurdles Invitational Community**Saturday 4/11/2009 - 12:15 PM**

World: 12.21 1988 Yordanka Donkova
Meet: 14.03 1992 LaTanya Davenport
American: 12.33 2000 Gail Devers
National: 13.13 1995 Nichole Belcher

Lane	Name	Team	Seed	Time
------	------	------	------	------

Section 1 of 3 Finals

1	18 Turner, Brialonna	Southwestern	16.26	_____
2	362 Ibewiro, Vivian	Riverside	15.82	_____
3	183 Livingston, Joseline	Moorpark	15.39	_____
4	547 Jsames, Ashley	Fullerton	14.98	_____
5	49 Porter, Tyra	Glendale CC	14.21	_____
6	72 Straughter, Erin	Cerritos	14.72	_____
7	504 Gerardo, Brandi	East LA	15.01	_____
8	412 Nielson, Sara	Riverside	15.39	_____
9	595 Jenkins, Alisa	Sacramento	16.23	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Section 2 of 3 Finals...(Event 117 Women 100 Meter

1	702 Turner, Hollee	Modesto	17.51	_____
2	721 Lionudakis, Simone	Modesto	17.45	_____
3	573 Oates, Tanisha	Chaffey	17.25	_____
4	118 Sims, Elizabeth	Cerritos	16.50	_____
5	345 Reeder, Jessica	Riverside	16.27	_____
6	616 Moreno, Mia	Sacramento	16.43	_____
7	213 Butler, Shateir	Fresno	16.70	_____
8	462 Richardson, Ashley	Bakersfield	17.34	_____
9	617 Lay, Ki-Ana	Sacramento	17.48	_____

Section 3 of 3 Finals

1	327 Bartlett, Sara	Santiago Canyon	NT	_____
2	120 McCall, Brandi	Cerritos	NT	_____
3	77 Jacho, Misheal	Cerritos	18.00	_____
4	713 Miglin, Marissa	Modesto	17.66	_____
5	131 Stovall, Aundrea	Cerritos	17.52	_____
6	281 Pereyra, Elizabeth	El Camino	17.58	_____
7	151 Olinyk, Rachel	Moorpark	17.91	_____
8	354 Davidek, Adrianna	Riverside	18.14	_____

Event 118 Women 400 Meter Dash Invitational Community**Saturday 4/11/2009 - 12:30 PM**

World:	47.60 1985	Marita Koch
Meet:	54.18 2002	Hazel Ann Regis
American:	48.70 2006	Sanya Richards
National:	50.92 1987	Sandie Richards

Lane Name Team Seed Time**Section 1 of 3 Finals**

1	483 Winslett, DaQuvia	San Bernardino	59.64	_____
2	474 Burley, Michelle	San Bernardino	59.35	_____
3	423 Sims, Ca'shawn	Pasadena	58.65	_____
4	387 Manuel, Brittany	Riverside	57.95	_____
5	37 Amukamara, Precious	Glendale CC	57.05	_____
6	61 Adams, Lakesha	Monterey	57.06	_____
7	320 Wharton, KayC	El Camino	58.13	_____
8	546 Williams, Maritza	Fullerton	58.94	_____
9	376 Cano, Lindsay	Riverside	59.59	_____

Section 2 of 3 Finals

1	290 Bostic, Kiaira	El Camino	1:01.95	_____
2	186 Dana, Katie	Moorpark	1:01.09	_____
3	244 Ramirez, Caitlyn	Canyons	1:00.63	_____
4	533 Stovall, Klarissa	Golden West	1:00.05	_____
5	698 Roberson, Aloria	Modesto	59.71	_____
6	734 Lopez, Danielle	Mt. Sac	59.80	_____
7	605 Boyce, Kristie	Sacramento	1:00.06	_____
8	35 Saunders, JaVonnice	Glendale CC	1:00.64	_____
9	764 Grigsby, Angelina	Mt. Sac	1:01.18	_____

Section 3 of 3 Finals

1	69 Ruvalcaba, Annette	Monterey	1:05.56	_____
2	450 Gone, Carolina	Bakersfield	1:04.88	_____
3	753 Morton, Eryn	Mt. Sac	1:04.68	_____
4	154 Anderson, Whitney	Moorpark	1:03.98	_____
5	581 Warren, Diane	Chaffey	1:02.10	_____
6	90 Randolph, Tamika	Cerritos	1:02.82	_____
7	716 Gulley, Sharlia	Modesto	1:04.28	_____
8	697 Nelson, Shamari	Modesto	1:04.82	_____
9	441 Smith, Amber	Pasadena	1:05.47	_____

Event 119 Men 400 Meter Dash Invitational Community**Saturday 4/11/2009 - 12:40 PM**

World:	43.18 1999	Michael Johnson
Meet:	47.36 2000	Brandon Smith
American:	43.18 1999	Michael Johnson
National:	44.52 1997	Tyree Washington

Lane Name Team Seed Time**Section 1 of 3 Finals**

1	209 Lewis, Maurice	Fresno	48.69	_____
2	627 Dawson, Brandon	Sacramento	48.62	_____
3	485 Booker, Dwayne	San Bernardino	48.41	_____
4	367 Pilchur, Marquis	Riverside	47.84	_____
5	121 Caesar, Kelsey	Cerritos	47.56	_____
6	710 Blair, Remington	Modesto	47.68	_____
7	386 Rickett, Ernest	Riverside	48.40	_____
8	220 Wesson, Manoah	Compton	48.58	_____
9	23 Bolden, Stephon	Southwestern	48.67	_____

Section 2 of 3 Finals

1	555 Nnoruka, Ifeanyi	Chaffey	49.63	_____
2	566 Curry, Michael	Chaffey	49.20	_____
3	243 Zemba, Matt	Canyons	49.12	_____
4	703 Anderson, Vance	Modesto	48.99	_____
5	613 Gray, Roman	Sacramento	48.70	_____
6	603 Womack, J'Carroll	Sacramento	48.98	_____
7	437 Thomas, Cameron	Pasadena	49.12	_____
8	269 Caldwell, Marquis	San Jose	49.14	_____
9	78 Dickson, Brandon	Cerritos	49.24	_____

Section 3 of 3 Finals

1	717 Dixon, Michael	Modesto	50.41	_____
2	528 Smith, Josh	Golden West	50.37	_____
3	119 Austin, Marlon	Cerritos	49.99	_____
4	191 Hattin, Ronald	Fresno	49.73	_____
5	309 Taylor, Laron	El Camino	49.65	_____
6	692 Martinez Ramos,	Modesto	49.70	_____
7	739 Scudder, William	Mt. Sac	49.82	_____
8	159 Benardo, John	Moorpark	50.16	_____
9	459 Gooden, Brandon	Bakersfield	50.38	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 120 Women 100 Meter Dash Invitational Community**Saturday 4/11/2009 - 12:55 PM**

World:	10.49 1988	Florence Griffith Joyner
Meet:	11.27 2001	Natasha Mayers
American:	10.49 1988	Florence Griffith Joyner
National:	11.12 2001	Natasha Mayers

Lane	Name	Team	Seed	Time
-------------	-------------	-------------	-------------	-------------

Section 1 of 3 Finals

1	39 Staten, Domineek	Glendale CC	12.67	_____
2	461 Colbert, Ashley	Bakersfield	12.63	_____
3	399 Pate, Diamond	Riverside	12.57	_____
4	640 Collins, Davina	Sacramento	12.35	_____
5	731 Yanez, Secoral	Mt. Sac	12.24	_____
6	552 Woody, Allison	Fullerton	12.24	_____
7	622 Tansil, Samantha	Sacramento	12.49	_____
8	385 Corley, Latoya	Riverside	12.63	_____
9	368 Bascom, Zina	Riverside	12.66	_____

Section 2 of 3 Finals

1	302 Williams, Shavette	El Camino	12.98	_____
2	759 Dickerson, Danika	Mt. Sac	12.91	_____
3	715 Maxey, Elena	Modesto	12.86	_____
4	285 Decuir, Shavonya	El Camino	12.72	_____
5	185 Schentrup, Calyx	Moorpark	12.72	_____
6	472 Rene, Melissa	San Bernardino	12.72	_____
7	463 Webber, Ashley	Bakersfield	12.78	_____
8	18 Turner, Brialonna	Southwestern	12.87	_____
9	595 Jenkins, Alisa	Sacramento	12.94	_____

Section 3 of 3 Finals

1	707 Turner, Paige	Modesto	13.46	_____
2	1 Hall, Disha	Southwestern	13.24	_____
3	128 Stewart, Brittany	Cerritos	13.11	_____
4	60 Adams, Felesha	Monterey	13.09	_____
5	10 Ayala, Bonnie	Southwestern	13.02	_____
6	151 Olinyk, Rachel	Moorpark	13.07	_____
7	563 Bennett, Lauren	Chaffey	13.10	_____
8	138 Crabtree, Michella	Cerritos	13.11	_____
9	66 Rangel, Leslie	Monterey	13.40	_____

Event 121 Men Pole Vault Invitational Community College**Saturday 4/11/2009 - 1:00 PM**

World:	20-01.75 1994	Sergey Bubka
Meet:	17-03 2004	Chase Shealy
American:	19-09.25 2000	Jeff Hartwig
National:	18-00 2000	Dason Phelps

Pos	Name	Team	Seed	Mark
------------	-------------	-------------	-------------	-------------

Flight 1 of 1 Finals

1	766 Shu, Darius	Mt. Sac	14-01.25	_____
2	736 Cadwalader, Ryan	Mt. Sac	14-05.25	_____
3	301 Munro, Michael	El Camino	14-06.00	_____
4	673 Chan, Christopher	LA Valley	14-06.00	_____
5	600 Bickley, Tyler	Sacramento	14-06.00	_____
6	381 Watley, Eric	Riverside	14-07.25	_____
7	758 Phillips, Nico	Mt. Sac	14-07.25	_____
8	38 Krier, Mitchell	Glendale CC	15-00.00	_____
9	364 Wallace, Tyler	Riverside	15-01.00	_____
10	790 Adophus, Eric	Mt. Sac	15-04.00	_____
11	669 Jennings, Nick	Saddleback	15-06.00	_____
12	781 Valdivia, Dustin	Mt. Sac	15-06.00	_____
13	628 Lewis, Jeff	Sacramento	15-06.00	_____
14	551 Simms, Michael	Fullerton	15-07.00	_____
15	667 Simmons, Griffin	Saddleback	16-00.00	_____
16	198 Brenner, Jeff	Fresno	16-02.75	_____

Event 122 Men 100 Meter Dash Invitational Community**Saturday 4/11/2009 - 1:15 AM**

World:	9.74 2007	Asafa Powell
Meet:	10.23 1998	Jerome Avery
American:	9.79 1999	Maurice Greene
National:	10.09 1992	Henry Neal

Lane	Name	Team	Seed	Time
-------------	-------------	-------------	-------------	-------------

Section 1 of 3 Finals

1	241 Bly, Damon	Sequoias	10.89	_____
2	89 English, William	Cerritos	10.85	_____
3	51 Bain, Mikio	Glendale CC	10.70	_____
4	596 Lewis, Armahd	Sacramento	10.69	_____
5	26 Mitchell, Curtis	Southwestern	10.44	_____
6	398 Auberry, Daniel	Riverside	10.47	_____
7	564 Franklin, Jamere	Chaffey	10.69	_____
8	407 Bryant, Giorgio	Riverside	10.78	_____
9	140 Alfino, Sean	Moorpark	10.87	_____

Section 2 of 3 Finals

1	287 Avery, Kevin	El Camino	10.97	_____
2	332 Privitelli, Anthony	Santiago Canyon	10.95	_____
3	582 Bryan, Mikio	Chaffey	10.95	_____
4	416 Boyd, Norman	Riverside	10.94	_____
5	351 Smith, Charles	Riverside	10.91	_____
6	420 Danna, Don	Riverside	10.93	_____
7	704 Carcamo, David	Modesto	10.94	_____
8	21 Howard, Joshua	Southwestern	10.95	_____
9	601 Henry, Will	Sacramento	10.97	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Section 3 of 3 Finals...(Event 122 Men 100 Meter Dash

1	418 Young, Wendell	Riverside	11.12	_____
2	409 Beer, Beidi	Riverside	11.09	_____
3	211 Cooper, Marcus	Fresno	11.07	_____
4	12 Taylor, Elliot	Southwestern	11.04	_____
5	203 Davis, Michael	Fresno	10.99	_____
6	732 Prather, Stephen	Mt. Sac	11.00	_____
7	202 Woods, Blair	Fresno	11.06	_____
8	626 Nunnally, Rashaad	Sacramento	11.07	_____
9	435 Smith, Deandre	Pasadena	11.10	_____

Event 123 Women 800 Meter Run Invitational Community**Saturday 4/11/2009 - 1:30 PM****World: 1:53.28 1983 Jarmila Kratochvilova****Meet: 2:12.05 2002 Neis Bernard-Thomas****American: 1:56.40 1999 Jearl Miles Clark****National: 2:01.92 1998 Claudine Williams****Lane Name Team Seed Time****Section 1 of 3 Finals**

1A	744 Cortez, Christine	Mt. Sac	2:14.76	_____
1B	236 Gonzales, Sierra	Sequoias	2:18.45	_____
1C	371 Celis, Arianna	Riverside	2:22.24	_____
1D	112 Bartosch, Alison	Cerritos	2:23.25	_____
1E	372 Perez, Brenda	Riverside	2:23.91	_____
1F	206 McEntire, Jenifer	Fresno	2:23.94	_____
1G	379 Akaniro, Tiffany	Riverside	2:25.02	_____
1H	358 Richeri, Natalia	Riverside	2:25.11	_____
1I	205 Gooch, Courtney	Fresno	2:26.01	_____

Section 2 of 3 Finals

1A	705 Draper, Samantha	Modesto	2:26.16	_____
1B	129 Vilchis, Tawny	Cerritos	2:26.17	_____
1C	234 Gonzales, Allison	Sequoias	2:26.55	_____
1D	88 Elizalde, Marlene	Cerritos	2:27.37	_____
1E	654 Cain, Christina	Saddleback	2:27.42	_____
1F	453 Magee, Melinda	Bakersfield	2:27.75	_____
1G	109 Taylor, Belva	Cerritos	2:28.39	_____
1H	134 Leniu, Charleen	Cerritos	2:28.40	_____
1I	689 Celaya, Mallory	LA City	2:28.49	_____

Section 3 of 3 Finals

1A	789 Rincon, Emilia	Mt. Sac	2:29.72	_____
1B	162 Rico, Vivian	Moorpark	2:29.82	_____
1C	391 Davis, Larissa	Riverside	2:32.04	_____
1D	357 Price, Astyne	Riverside	2:32.92	_____
1E	745 Villanueva, Jacquelin	Mt. Sac	2:33.44	_____
1F	687 Alaniz, Veronica	LA City	2:35.00	_____
1G	233 Hernandez, Araceli	Sequoias	2:35.60	_____
1H	780 Hernandez, Pamela	Mt. Sac	2:36.78	_____
1I	695 Souvannaseng, Lattha	Modesto	2:38.63	_____

Event 124 Men 800 Meter Run Invitational Community**Saturday 4/11/2009 - 1:40 PM****World: 1:41.11 1997****Wilson Kipketer****Meet: 1:52.59 2000****Mohammed Aden****American: 1:42.60 1985****Johnny Gray****National: 1:46.60 1989****George Kersh****Lane Name Team Seed Time****Section 1 of 3 Finals**

1A	305 Mitchell, Anthony	El Camino	1:51.76	_____
1B	75 Bailey, Torion	Cerritos	1:53.07	_____
1C	408 May, Stephan	Riverside	1:53.15	_____
1D	604 Malova, Duncan	Sacramento	1:55.64	_____
1E	476 Amador, Jason	San Bernardino	1:55.65	_____
1F	231 Ochoa, Andrew	Sequoias	1:55.96	_____
1G	272 Long, Esco	San Jose	1:56.14	_____
1H	456 Mireles, Cesar	Bakersfield	1:56.37	_____
1I	355 Adebayo, Devin	Riverside	1:56.39	_____

Section 2 of 3 Finals

1A	723 Mallory, Anthony	Modesto	1:56.70	_____
1B	193 Opoku, Joe	Fresno	1:57.69	_____
1C	638 Konkel, Reid	Sacramento	1:58.30	_____
1D	451 Blakslee, Elliott	Bakersfield	1:58.62	_____
1E	664 Wessendorf, Mike	Saddleback	1:58.81	_____
1F	316 Brown, Aaron	El Camino	1:58.84	_____
1G	73 Taylor, Rasheem	Cerritos	1:59.01	_____
1H	643 Hartwell, Jake	Saddleback	1:59.03	_____
1I	96 Reed, Qualaun	Cerritos	1:59.12	_____

Section 3 of 3 Finals

1A	540 Pittman, Chris	Golden West	1:59.27	_____
1B	773 Spicer, Arteze	Mt. Sac	1:59.54	_____
1C	613 Gray, Roman	Sacramento	1:59.70	_____
1D	592 Lozancich, Josh	Sacramento	1:59.80	_____
1E	334 Morales, Sam	Santiago Canyon	2:00.13	_____
1F	277 Nguyen-Bui, Vincent	San Jose	2:00.30	_____
1G	238 McAlpine, Dustin	Sequoias	2:00.43	_____
1H	431 Esparza, Alejandro	Pasadena	2:00.48	_____
1I	273 Roger, Xavier	San Jose	2:00.50	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 125 Men Discus Throw Invitational Community College**Saturday 4/11/2009 - 3:00 PM****World: 243-00 1986****Jurgen Schult****Meet: 194-00.5 1976****Marcus Gordien****American: 237-04 1981****Ben Plucknett****National: 210-08 1995****Andy Kokhanovskiy**

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	677 Gutierrez, Robert	Santa Ana	137-06	_____
2	208 Millard, Christian	Fresno	137-09	_____
3	298 Goldberg, Max	El Camino	138-05.25	_____
4	647 Fenton, Rick	Saddleback	139-07.50	_____
5	614 Johnson, Ricky	Sacramento	139-09.50	_____
6	93 Huitt, Vincent	Cerritos	142-04	_____
7	699 Bower, Andrew	Modesto	147-06	_____
8	164 Sugishita, Kenneth	Moorpark	150-07.25	_____
9	265 D'Oyen, Evan	Citrus	150-08	_____

Flight 2 of 2 Finals

1	674 Guzman, Luis	Santa Ana	151-02	_____
2	184 Aliotta, Dennis	Moorpark	151-05	_____
3	291 Weintraub, Jacob	El Camino	152-08	_____
4	105 Cutler, Jeramy	Cerritos	155-11.50	_____
5	659 Lian, Ray	Saddleback	158-01	_____
6	179 Romero, Donald	Moorpark	160-00.75	_____
7	718 Price, Russell	Modesto	163-00	_____
8	196 Moses, Nate	Fresno	166-05	_____
9	149 Gehrke, Karl	Moorpark	173-05.25	_____

Event 126 Women Shot Put Invitational Community College**Saturday 4/11/2009 - 3:00 PM****World: 74-03 1987****Natalya Lisovskaya****Meet: 52-08.50 1990****Grace Apiafi****American: 66-02.50 1988****Ramona Pagel****National: 55-03.75 1990****Grace Apiafi**

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 2 Finals

1	610 Fanaika, Ellie	Sacramento	36-05.00	_____
2	50 Felton, Latifah	Glendale CC	36-05.00	_____
3	612 Luna, Kat	Sacramento	36-05.75	_____
4	635 Wilson, Danielle	Sacramento	36-07.75	_____
5	389 Martinez, Tanya	Riverside	36-09.00	_____
6	403 Nordby, Karee	Riverside	36-10.50	_____
7	429 Kohley, Allegra	Pasadena	36-11.00	_____
8	675 Flores, Jessica	Santa Ana	37-02.00	_____
9	341 Gutierrez, Samantha	Riverside	37-03.00	_____

Flight 2 of 2 Finals

1	536 Kim, Christina	Golden West	38-09.50	_____
2	100 Savea, Maria	Cerritos	39-03.75	_____
3	726 McClure, Kristin	Modesto	40-00.00	_____
4	310 Ropati, Salina	El Camino	40-07.50	_____
5	133 Stovall, Aunjanay	Cerritos	40-11.50	_____
6	106 Ashley, Whitney	Cerritos	42-08.00	_____
7	171 Swenson, Jane	Moorpark	43-03.75	_____
8	110 Aliimatafitafi,	Cerritos	44-11.00	_____
9	288 Leni, Na'i	El Camino	52-02.75	_____

Event 127 Women High Jump Invitational Community College**Saturday 4/11/2009 - 2:00 PM****World: 6-10.25 1987****Stefka Kostadinova****Meet: 5-10 1985****Li-Jiau Tsai****American: 6-08 1988****Louise Ritter****National: 6-00 1979****Phyllis Bluntson****National: 6-00 1981****Kathy Raugust****National: 6-00 1991****Shenell Searcy****National: 6-00 2002****Hyleas Fountain**

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 1 Finals

1	178 Noyer, Amber	Moorpark	4-08.00	_____
2	713 Miglin, Marissa	Modesto	4-10.00	_____
3	413 Jacobs, Dyandra	Riverside	4-11.75	_____
4	251 Uhl, Brittany	Canyons	4-11.75	_____
5	348 Simpson, Jazzmine	Riverside	5-00.00	_____
6	707 Turner, Paige	Modesto	5-00.00	_____
7	535 Mayweather, Breigh	Golden West	5-01.75	_____
8	595 Jenkins, Alisa	Sacramento	5-02.00	_____
9	557 Rosa, Jessica	Chaffey	5-03.00	_____
10	59 Clark, Britney	Glendale CC	5-03.00	_____
11	151 Olinyk, Rachel	Moorpark	5-03.75	_____
12	85 Guravska, Karen	Cerritos	5-04.00	_____
13	344 Wills, Tiana	Riverside	5-07.00	_____
14	641 Van Haaren, Marlies	Sacramento	5-07.00	_____
15	602 Jackson, Susan	Sacramento	5-08.00	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 128 Women 400 Meter Hurdles Invitational Community**Saturday 4/11/2009 - 2:00 PM**

World:	52.34	2003	Yuliya Pechonkina
Meet:	59.90	1993	Marsha Guialdo
American:	52.61	1995	Kim Batten
National:	56.92	1997	Tanja Jarrett

Lane Name	Team	Seed Time
------------------	-------------	------------------

Section 1 of 3 Finals

1	213 Butler, Shateir	Fresno	1:07.33	_____
2	281 Pereyra, Elizabeth	El Camino	1:06.68	_____
3	616 Moreno, Mia	Sacramento	1:06.06	_____
4	547 Jsames, Ashley	Fullerton	1:05.24	_____
5	72 Straughter, Erin	Cerritos	1:04.67	_____
6	320 Wharton, KayC	El Camino	1:04.69	_____
7	345 Reeder, Jessica	Riverside	1:05.46	_____
8	98 White, Apryll	Cerritos	1:06.46	_____
9	65 Sanchez, Dakota	Monterey	1:06.95	_____

Section 2 of 3 Finals

1	504 Gerardo, Brandi	East LA	1:10.77	_____
2	131 Stovall, Aundrea	Cerritos	1:10.51	_____
3	118 Sims, Elizabeth	Cerritos	1:10.21	_____
4	462 Richardson, Ashley	Bakersfield	1:08.82	_____
5	251 Uhl, Brittany	Canyons	1:07.50	_____
6	188 Showers, Brittni	Moorpark	1:08.10	_____
7	354 Davidek, Adrianna	Riverside	1:09.50	_____
8	645 Rodrigues, Sue	Saddleback	1:10.29	_____
9	617 Lay, Ki-Ana	Sacramento	1:10.72	_____

Section 3 of 3 Finals

3	135 Jones, La Saisha	Cerritos	1:30.83	_____
4	77 Jacho, Misheal	Cerritos	1:20.43	_____
5	327 Bartlett, Sara	Santiago Canyon	1:14.62	_____
6	539 Bryant, Timarie	Golden West	1:19.07	_____
7	331 Krystek, Heather	Santiago Canyon	1:22.93	_____
8	3 Coleman, Britni	Southwestern	NT	_____

Event 129 Men 400 Meter Hurdles Invitational Community**Saturday 4/11/2009 - 2:15 PM**

World:	46.78	1992	Kevin Young
Meet:	50.86	1986	Winthrop Graham
American:	46.78	1992	Kevin Young
National:	49.29	1994	Eric Thomas

Lane Name	Team	Seed Time
------------------	-------------	------------------

Section 1 of 3 Finals

1	684 Ellison, Ryan	West Valley	55.18	_____
2	303 Yowell, Jacob	El Camino	54.59	_____
3	593 Kern-Wilson,	Sacramento	53.66	_____
4	590 Broussard, Michael	Sacramento	53.19	_____
5	767 Pope, Marcus	Mt. Sac	52.05	_____
6	363 Jeter, Samuel	Riverside	52.37	_____
7	350 Stepney, Cameron	Riverside	53.49	_____
8	40 Hughes, Mark	Glendale CC	54.46	_____
9	393 Weakley, Andrew	Riverside	54.84	_____

Section 2 of 3 Finals

1	503 Robles, Ramon	East LA	56.98	_____
2	545 Guthrie, Jesse	Golden West	56.68	_____
3	102 McCall, Bruce	Cerritos	56.08	_____
4	777 Darole, Thomas	Mt. Sac	56.00	_____
5	20 Salazar, Niko	Southwestern	55.36	_____
6	763 Espinosa, Stephen	Mt. Sac	56.00	_____
7	237 Guzman, David	Sequoias	56.03	_____
8	639 Taylor, Gerren	Sacramento	56.45	_____
9	304 Maeda, Kevin	El Camino	56.75	_____

Section 3 of 3 Finals

2	479 Williams, Marcus	San Bernardino	58.67	_____
3	465 Gomez, Pepe	Bakersfield	57.92	_____
4	8 Gamez, Cezar	Southwestern	57.35	_____
5	634 Gant, Michael	Sacramento	57.00	_____
6	754 Nesbeth, Akeem	Mt. Sac	57.00	_____
7	591 Reyes, Matt	Sacramento	57.81	_____
8	29 Marquez, Angel	Southwestern	58.36	_____
9	173 DeMirjian, Garrett	Moorpark	59.03	_____

Event 130 Women 200 Meter Dash Invitational Community**Saturday 4/11/2009 - 2:35 PM**

World:	21.34	1988	Florence Griffith Joyner
Meet:	23.24	2001	Natasha Mayers
American:	21.34	1988	Florence Griffith Joyner
National:	22.39	2002	Veronica Campbell

Lane Name	Team	Seed Time
------------------	-------------	------------------

Section 1 of 3 Finals

1	385 Corley, Latoya	Riverside	26.00	_____
2	368 Bascom, Zina	Riverside	25.88	_____
3	61 Adams, Lakesha	Monterey	25.83	_____
4	640 Collins, Davina	Sacramento	25.56	_____
5	731 Yanez, Secoral	Mt. Sac	25.14	_____
6	91 Barfield, Jessica	Cerritos	25.45	_____
7	186 Dana, Katie	Moorpark	25.77	_____
8	552 Woody, Allison	Fullerton	25.87	_____
9	71 Allen, Blair	Cerritos	26.00	_____

Section 2 of 3 Finals

1	185 Schentrup, Calyx	Moorpark	26.27	_____
2	472 Rene, Melissa	San Bernardino	26.19	_____
3	461 Colbert, Ashley	Bakersfield	26.07	_____
4	622 Tansil, Samantha	Sacramento	26.02	_____
5	76 Pierce, Cyntrail	Cerritos	26.00	_____
6	423 Sims, Ca'shawn	Pasadena	26.01	_____
7	387 Manuel, Brittany	Riverside	26.04	_____
8	696 Dorsey, Crystal	Modesto	26.07	_____
9	483 Winslett, DaQuvia	San Bernardino	26.23	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Section 3 of 3 Finals...(Event 130 Women 200 Meter Dash

1	441 Smith, Amber	Pasadena	26.69	_____
2	474 Burley, Michelle	San Bernardino	26.53	_____
3	533 Stovall, Klarissa	Golden West	26.51	_____
4	39 Staten, Domineek	Glendale CC	26.45	_____
5	463 Webber, Ashley	Bakersfield	26.29	_____
6	18 Turner, Brialonna	Southwestern	26.32	_____
7	10 Ayala, Bonnie	Southwestern	26.48	_____
8	285 Decuir, Shavonya	El Camino	26.53	_____
9	399 Pate, Diamond	Riverside	26.55	_____

Event 131 Men 200 Meter Dash Invitational Community**Saturday 4/11/2009 - 2:50 PM**

World:	19.32	1996	Michael Johnson
Meet:	21.12	2002	Carlos Moore
American:	19.32	1996	Michael Johnson
National:	20.08	1999	Aaron Armstrong

Lane	Name	Team	Seed	Time
------	------	------	------	------

Section 1 of 3 Finals

1	367 Pilchur, Marquis	Riverside	21.93	_____
2	706 Green, Terrance	Modesto	21.77	_____
3	396 Curry, Tommy	Riverside	21.61	_____
4	121 Caesar, Kelsey	Cerritos	21.43	_____
5	26 Mitchell, Curtis	Southwestern	20.84	_____
6	398 Auberry, Daniel	Riverside	21.19	_____
7	21 Howard, Joshua	Southwestern	21.55	_____
8	596 Lewis, Armahd	Sacramento	21.65	_____
9	220 Wesson, Manoah	Compton	21.86	_____

Section 2 of 3 Finals

1	485 Booker, Dwayne	San Bernardino	22.19	_____
2	437 Thomas, Cameron	Pasadena	22.19	_____
3	627 Dawson, Brandon	Sacramento	22.04	_____
4	564 Franklin, Jamere	Chaffey	21.99	_____
5	732 Prather, Stephen	Mt. Sac	21.95	_____
6	386 Rickett, Ernest	Riverside	21.98	_____
7	269 Caldwell, Marquis	San Jose	22.02	_____
8	601 Henry, Will	Sacramento	22.10	_____
9	435 Smith, Deandre	Pasadena	22.19	_____

Section 3 of 3 Finals

1	23 Bolden, Stephon	Southwestern	22.36	_____
2	209 Lewis, Maurice	Fresno	22.32	_____
3	89 English, William	Cerritos	22.29	_____
4	140 Alfino, Sean	Moorpark	22.24	_____
5	241 Bly, Damon	Sequoias	22.20	_____
6	739 Scudder, William	Mt. Sac	22.23	_____
7	704 Carcamo, David	Modesto	22.25	_____
8	309 Taylor, Laron	El Camino	22.30	_____
9	366 Crutchfield, Tony	Riverside	22.32	_____

Event 132 Men Triple Jump Invitational Community College**Saturday 4/11/2009 - 2:30 PM**

World:	60-00.25	1995	Jonathan Edwards
Meet:	53-00.75	1987	Marcus Hooks
American:	59-04.50	1996	Kenny Harrison
National:	58-09.50	1995	James Beckford

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 1 Finals

1	608 Waiters, John	Sacramento	44-05.00	_____
2	417 Bui, George	Riverside	44-07.50	_____
3	544 Savoie, Danny	Golden West	44-07.50	_____
4	513 St. Simon, Jeffrey	East LA	45-03.75	_____
5	53 Akinwande,	Glendale CC	45-05.00	_____
6	99 Joseph, Kristen	Cerritos	45-08.00	_____
7	407 Bryant, Giorgio	Riverside	46-01.00	_____
8	553 McGee, Kenneth	Fullerton	46-01.00	_____
9	4 Womack, Alante	Southwestern	46-02.50	_____
10	685 Goodrich, Nathan	West Valley	46-10.25	_____
11	102 McCall, Bruce	Cerritos	47-01.00	_____
12	197 Anderson, TJ	Fresno	47-11.75	_____
13	212 Green, Aaron	Fresno	48-00.00	_____
14	785 Jackson, Emanuel	Mt. Sac	48-04.75	_____
15	215 Mayo, Greg	Fresno	48-07.50	_____
16	157 Lashley, Kevin	Moorpark	48-09.25	_____
17	415 Benard, Chris	Riverside	50-05.50	_____
18	514 Rivers, Gyasi	East LA	50-05.50	_____

Event 133 Women Triple Jump Invitational Community**Saturday 4/11/2009 - 2:30 PM**

World:	50-10.25	1995	Inessa Kravets
Meet:	41-02.50	1993	Angel Carver
American:	47-05	2004	Tiombe Hurd
National:	46-03.50	2002	Yuliana Perez

Pos	Name	Team	Seed	Mark
-----	------	------	------	------

Flight 1 of 1 Finals

1	760 Palmer, Christina	Mt. Sac	34-01.00	_____
2	59 Clark, Britney	Glendale CC	34-05.00	_____
3	131 Stovall, Aundrea	Cerritos	34-06.00	_____
4	251 Uhl, Brittany	Canyons	34-11.25	_____
5	1 Hall, Disha	Southwestern	35-04.25	_____
6	120 McCall, Brandi	Cerritos	35-08.00	_____
7	195 Simons, Chantele	Fresno	36-00.00	_____
8	362 Ibewiro, Vivian	Riverside	36-09.00	_____
9	201 Okolie, Goziam	Fresno	36-11.00	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 134 Women 5000 Meter Run Invitational Community**Saturday 4/11/2009 - 3:05 PM**

World: 14:16.63 2007 Meseret Defar
Meet: 17:24.66 1999 Colleen Burke
American: 14:44.80 2007 Shalane Flanagan
National: 15:52.5h 1986 Sylvia Mosqueda

Lane	Name	Team	Seed Time	
Section 1 of 1 Finals				
1	139 Hernandez, Maritza	LA Trade Tech	18:06.66	_____
2	729 Moreno, Lenore	Mt. Sac	18:06.92	_____
3	7 Carrillo, Monica	Southwestern	18:27.71	_____
4	168 Stoltze, Madelyn	Moorpark	18:43.09	_____
5	88 Elizalde, Marlene	Cerritos	18:46.59	_____
6	293 Colin, Maria	El Camino	18:47.72	_____
7	14 Atencio, Karla	Southwestern	18:50.27	_____
8	74 Muniz, Sarah	Cerritos	18:51.46	_____
9	289 Stephens, Courtney	El Camino	18:53.00	_____
10	116 Beuster, Lucy	Cerritos	18:53.48	_____
11	738 Lopez, Jazmin	Mt. Sac	19:34.25	_____
12	658 Flores, Ines	Saddleback	19:34.34	_____
13	81 Simpson, Shannon	Cerritos	19:50.33	_____
14	130 Garcia, Allison	Cerritos	19:51.26	_____
15	787 Hernandez, Beatriz	Mt. Sac	19:59.41	_____
16	782 Reinsma, Becky	Mt. Sac	20:08.87	_____
17	299 Altamirano, Naomi	El Camino	20:10.00	_____
18	92 Perez, Daisy	Cerritos	20:11.88	_____
19	439 Hernandez, Ashley	Pasadena	20:20.09	_____
20	402 Sanchez, Elizabeth	Riverside	20:30.72	_____
21	378 Montes, Johanna	Riverside	20:47.41	_____
22	169 Ruiz, Maria	Moorpark	21:00.00	_____
23	498 Encarnacion, Lorenza	East LA	21:30.18	_____
24	670 Pacific, Sarah	Saddleback	22:17.54	_____
25	637 Lopez, Christina	Sacramento	NT	_____

Event 135 Men 5000 Meter Run Invitational Community**Saturday 4/11/2009 - 3:30 PM**

World: 12:37.35 2004 Kenenisa Bekele
Meet: 14:25.7h 1981 Simon Jilili
American: 12:58.21 1996 Bob Kennedy
National: 13:25.20 1990 Noureddine Morceli

Lane	Name	Team	Seed Time	
Section 1 of 1 Finals				
1	438 Rodriguez, Ernesto	Pasadena	15:15.57	_____
2	240 Sanchez, David	Sequoias	15:23.24	_____
3	323 Calise, Steven	El Camino	15:23.30	_____
4	735 Lara, Armondo	Mt. Sac	15:30.75	_____
5	127 Popoca, Geovani	Cerritos	15:54.17	_____
6	657 Van Dyke, Matt	Saddleback	15:57.00	_____
7	95 Aguirre, Angel	Cerritos	15:57.75	_____
8	488 Parra, Art	San Bernardino	15:57.80	_____
9	778 Santana, Robert	Mt. Sac	16:00.71	_____
10	414 Hernandez, Andres	Riverside	16:10.23	_____
11	104 Amador, Jose	Cerritos	16:11.21	_____
12	126 Bogda, Kyle	Cerritos	16:20.76	_____
13	752 Whitesitt, Sean	Mt. Sac	16:24.36	_____
14	783 Ebel, Thomas	Mt. Sac	16:29.32	_____
15	737 Ramirez, Rudy	Mt. Sac	16:30.98	_____
16	82 Gaynor, John	Cerritos	16:31.12	_____
17	589 Natera, Anthony	Sacramento	16:31.71	_____
18	313 Flores, Jon	El Camino	16:31.92	_____
19	137 Kelly, Russell	Cerritos	16:32.23	_____
20	671 Kimura, AJ	Saddleback	16:33.01	_____
21	624 Cudworth, Josh	Sacramento	16:35.06	_____
22	296 Bianchi, Joey	El Camino	16:41.86	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 136 Women 4x400 Meter Relay Invitational Community**Saturday 4/11/2009 - 3:55 PM****World: 3:15.17 1988****Meet: 3:43.66 1989****American: 3:15.51 1988****National: 3:30.66 1992**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 2 Finals

2	Monterey		4:08.10	_____
	1) 61 Adams, Lakesha	2) 65 Sanchez, Dakota		
	3) 66 Rangel, Leslie	4) 69 Ruvalcaba, Annette		
3	Glendale CC		4:01.12	_____
	1) 37 Amukamara, Precious	2) 59 Clark, Britney		
	3) 49 Porter, Tyra	4) 57 Deslo, Kendra		
4	Cerritos		3:58.47	_____
	1) 98 White, Apryll	2) 76 Pierce, Cyntrail		
	3) 72 Straughter, Erin	4) 71 Allen, Blair		
5	Riverside		3:55.40	_____
	1) 376 Cano, Lindsay	2) 387 Manuel, Brittany		
	3) 344 Wills, Tiana	4) 385 Corley, Latoya		
6	Mt. Sac		3:57.64	_____
	1) 744 Cortez, Christine	2) 731 Yanez, Secoral		
	3) 764 Grigsby, Angelina	4) 734 Lopez, Danielle		
7	El Camino		4:00.60	_____
	1) 290 Bostic, Kiaira	2) 285 Decuir, Shavonya		
	3) 281 Pereyra, Elizabeth	4) 325 Rutledge, Riane		
8	Sacramento		4:06.01	_____
	1) 605 Boyce, Kristie	2) 640 Collins, Davina		
	3) 622 Tansil, Samantha	4) 616 Moreno, Mia		
9	Moorpark		4:09.72	_____
	1) 154 Anderson, Whitney	2) 183 Livingston, Joseline		
	3) 188 Showers, Brittni	4) 186 Dana, Katie		

Section 2 of 2 Finals

4	Southwestern		4:16.81	_____
	1) 18 Turner, Brialonna	2) 10 Ayala, Bonnie		
	3) 3 Coleman, Britni	4) 1 Hall, Disha		
5	Modesto		4:12.32	_____
	1) 713 Miglin, Marissa	2) 698 Roberson, Aloria		
	3) 705 Draper, Samantha	4) 724 Browning, Sable		
6	Bakersfield		4:12.98	_____
	1) 463 Webber, Ashley	2) 461 Colbert, Ashley		
	3) 447 Reaves, Chanel	4) 453 Magee, Melinda		
7	Golden West		4:38.85	_____
	1) 533 Stovall, Klarissa	2) 539 Bryant, Timarie		
	3) 535 Mayweather, Breigh	4) 531 Burns, Melinda		

Event 137 Women Discus Throw Invitational Community**Saturday 4/11/2009 - 1:00 PM****World: 252-00 1988****Meet: 177-01 2002****American: 222-00 2007****National: 183-02 2002****Gabriele Reinsch****Ilona Rutjes****Suzy Powell****Ilona Rutjes**

Pos	Name	Team	Seed Mark
-----	------	------	-----------

Flight 1 of 2 Finals

1	726 McClure, Kristin	Modesto	113-03.75	_____
2	310 Ropati, Salina	El Camino	115-04	_____
3	395 Peggese, Jasmine	Riverside	116-09	_____
4	47 Alexander, Kira	Glendale CC	117-08	_____
5	403 Nordby, Karee	Riverside	119-02	_____
6	477 Viramontes,	San Bernardino	119-11	_____
7	610 Fanaika, Ellie	Sacramento	120-06.25	_____
8	536 Kim, Christina	Golden West	120-07.50	_____
9	100 Savea, Maria	Cerritos	124-00	_____

Flight 2 of 2 Finals

1	389 Martinez, Tanya	Riverside	125-07	_____
2	87 Butler, Rachel	Cerritos	127-07	_____
3	218 Gonzalez, Korina	Fresno	129-01	_____
4	341 Gutierrez, Samantha	Riverside	130-07	_____
5	50 Felton, Latifah	Glendale CC	134-03	_____
6	171 Swenson, Jane	Moorpark	137-05.50	_____
7	106 Ashley, Whitney	Cerritos	146-07	_____
8	288 Leni, Na'i	El Camino	149-02	_____
9	199 Steward, Jasmine	Fresno	153-08.25	_____

2009 MT. SAC RELAYS
"Where the World's Best Athletes Compete"
Hilmer Lodge Stadium-Walnut, California - 4/11/2009
Meet Program - Community College

Event 138 Men 4x400 Meter Relay Invitational Community

Saturday 4/11/2009 - 4:05 PM

World: 2:54.20 1998

Meet: 3:07.83 1994

American: 2:54.20 1998

National: 3:01.89 1992

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 2 Finals

1	Fresno		3:19.50
	1) 190 Smith, James	2) 209 Lewis, Maurice	
	3) 214 Cook, Pierce	4) 191 Hattin, Ronald	
2	Mt. Sac		3:16.99
	1) 747 Villar-Mead, James	2) 767 Pope, Marcus	
	3) 739 Scudder, William	4) 773 Spicer, Arteze	
3	Southwestern		3:16.97
	1) 23 Bolden, Stephon	2) 20 Salazar, Niko	
	3) 26 Mitchell, Curtis	4) 21 Howard, Joshua	
4	Cerritos		3:16.01
	1) 75 Bailey, Torion	2) 78 Dickson, Brandon	
	3) 119 Austin, Marlon	4) 70 Armstrong, Nicholas	
5	Riverside		3:13.16
	1) 386 Rickett, Ernest	2) 396 Curry, Tommy	
	3) 350 Stepney, Cameron	4) 367 Pilchur, Marquis	
6	Modesto		3:15.79
	1) 703 Anderson, Vance	2) 706 Green, Terrance	
	3) 692 Martinez Ramos,	4) 710 Blair, Remington	
7	Sacramento		3:16.24
	1) 603 Womack, J'Carroll	2) 627 Dawson, Brandon	
	3) 604 Malova, Duncan	4) 596 Lewis, Armahd	
8	West Valley		3:16.98
	1) 681 Armon, Aric	2) 684 Ellison, Ryan	
	3) 685 Goodrich, Nathan	4) 682 Marshall, Mike	
9	El Camino		3:17.48
	1) 287 Avery, Kevin	2) 305 Mitchell, Anthony	
	3) 307 Spriggs, Edward	4) 303 Yowell, Jacob	

Section 2 of 2 Finals

2	Moorpark	3:25.54
	1) 166 Bush, Lance	2) 172 Hughes, Quinton
	3) 173 DeMirjian, Garrett	4) 159 Benardo, John
3	Golden West	3:23.35
	1) 545 Guthrie, Jesse	2) 540 Pittman, Chris
	3) 529 Greenroyd, Josh	4) 528 Smith, Josh
4	Glendale CC	3:21.96
	1) 51 Bain, Mikio	2) 40 Hughes, Mark
	3) 52 Johnson, Jamal	4) 55 Forrest, Travaris
5	Chaffey	3:21.02
	1) 582 Bryan, Mikio	2) 555 Nnoruka, Ifeanyi
	3) 566 Curry, Michael	4) 577 Inyang, A.J.
6	Bakersfield	3:21.82
	1) 456 Mireles, Cesar	2) 460 Courtney, Tyrone
	3) 459 Gooden, Brandon	4) 448 Norwood, Kevin
7	Pasadena	3:22.37
	1) 435 Smith, Deandre	2) 437 Thomas, Cameron
	3) 436 Winfield, Joshua	4) 440 Vera, Enmanuel
8	San Bernardino	3:24.89
	1) 467 James, Julien	2) 485 Booker, Dwayne
	3) 476 Amador, Jason	4) 486 Miller, DeShea
9	Santiago Canyon	3:32.13
	1) 329 Hyde, Adam	2) 334 Morales, Sam
	3) 326 Nixon, Mylan	4) 335 Morales, Jonathan